

# Provisional Timeline ~ 2023 NJ Run For The Fallen

## September 20 to 24, 2023.

### Wednesday, September 20th, 2023

- 11:30 AM thru 2:00 PM Lunch – Gold Star Families only... The Blue Pig Tavern, 200 Congress Place, Cape May. Arrive any time between 11:30 AM and 2:00 PM – your choice from the regular Menu (Alcohol excluded!)
- 2:30 PM onward at The Naval Air Station Aviation Museum, 500 Forrestal Rd, Rio Grande, NJ 08242.
- 4:45 PM – Remembrance Ceremony inside the Museum – USCG Honor Guard, Reading of the Names.
- 6:30 PM – Buffet Dinner inside the Museum for Gold Star Families and The Run Team.

### Thursday, September 21st, 2023 – Day 1

- 7:00 AM - Assemble - Sunset Beach, 502 Sunset Blvd, Cape May Point, NJ 08212.
- 7:45 AM - Start of Day 1 - Sunset Beach, 502 Sunset Blvd, Cape May Point, NJ 08212.
- Run through Cape May Point, City of Cape May, Lower Township, Wildwood Crest, Wildwood, Stone Harbor/Avalon, Sea Isle City, Ocean City.
- 5:50 PM - Finish of Day 1 - American Legion Post 524, 4508 West Ave, Ocean City, NJ 08226.
- 6:00 PM - Run Team & Gold Star Family Dinner - American Legion Post 524.

### Friday, September 22nd, 2023 – Day 2

- 7:00 AM - Start of Day 2 - Point Diner, 8 MacArthur Blvd, Somers Point, NJ 08244.
- Run through Somers Point, Linwood, Pleasantville, Absecon, Galloway, New Gretna, Little Egg Harbor, Tuckerton, Stafford, Harvey Cedars, Barnegat Lighthouse, Ship Bottom, Long Beach Twp.
- 6:00 PM - Finish of Day 2 - Veterans Memorial, E. Maryland Ave & Long Beach Blvd, Long Beach Township, NJ 08008.
- 6:30 PM - Run Team & Gold Star Family Dinner - location to be announced.

### Saturday, September 23rd, 2023 – Day 3

- 6:30 AM - Run Team Breakfast - Manahawkin Elks Lodge #2340, 520 Hilliard Boulevard, Manahawkin, NJ 08050
- 7:15 AM - Start of Day 3 - Manahawkin Elks Lodge #2340, 520 Hilliard Boulevard,
- Run through Manahawkin, Stafford, Barnegat, Waretown, Forked River, Lacey, Bayville, Lanoka Harbor, Pine Beach, Beachwood, Toms River, Brick.
- 6:00 PM - Finish of Day 3 - American Legion Post 129, 2025 Church Rd, Toms River, NJ.
- 6:15 PM - Run Team & Gold Star Family Dinner - American Legion Post 129, Toms River, NJ.

### Sunday, September 24th, 2023 – Day 4 - National Gold Star Mothers and Families Day...

- 6:00 AM - Run Team Breakfast - Brick Elks Lodge #2151, 2491 Hooper Ave, Brick, NJ 08723.
- 6:30 AM - Start of Day 4 - Brick Elks Lodge #2151, 2491 Hooper Ave, Brick, NJ 08723.
- Run through Brick, Mantoloking, Bay Head, Point Pleasant, Brielle, Manasquan, Sea Girt, Spring Lake, Belmar, Avon, Bradley Beach, Asbury Park, Interlaken, Deal, Oakhurst, Long Branch, West Long Branch, Oceanport, Little Silver, Shrewsbury, Tinton Falls, Middletown, Lincroft, Holmdel.
- 5:30 PM - Finish of Day 4 & Ceremony - NJ Gold Star Family Monument located on the grounds of the NJ Vietnam Veterans' Memorial at the PNC Arts Center, Holmdel, NJ 07733.

Questions? Call (609) 982-0000 or email [Mike@NJRunForTheFallen.org](mailto:Mike@NJRunForTheFallen.org)

For more information visit us on the Web at [www.NJRun.org](http://www.NJRun.org) or on Facebook at [www.facebook.com/NJRFTF](http://www.facebook.com/NJRFTF)