



One Mile – One Flag – One Hero

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NJ “RUN FOR THE FALLEN” TO HONOR AND REMEMBER NEW JERSEY SOLDIERS, SAILORS, AIRMEN AND MARINES KILLED IN IRAQ AND AFGHANISTAN.

Relay Team to Cover One Mile for Each Fallen Service Member in Run from Sunset Beach in Cape May to NJ Vietnam Veterans’ Memorial in Holmdel NJ.

Holmdel, NJ (April 19, 2011) — In an apolitical reflection of remembrance a team of active duty and reserve Airmen and Soldiers from McGuire Air Force Base and Ft Dix and a team of wounded veterans will embark on a 152 mile journey to honor every New Jersey service member killed in Operation Iraqi Freedom and Enduring Freedom.

“NJ Run for the Fallen” will kick off on Friday September 23 with a 2 mile run/walk from Cape May Lighthouse to Sunset Beach where there will be a “Sunset Flag Ceremony” with Mr. Marvin Hume. At 6:00am the following morning (Saturday September 24) the run team will start from Sunset Beach on the two day 150 mile run to finish at the NJ Vietnam Veterans’ Memorial in Holmdel on National Gold Star Family Day, Sunday September 25, 2011. Every mile has been dedicated to an individual NJ Hero and the run team will stop at each Hero Marker to present a flag and personalized biographical card to waiting family members and friends with the goal of creating a 152 mile memorial trail through New Jersey.

This year our Run Team will be joined in Cape May by members of Team Hope for the Warriors. H4W is a team of wounded service members who will be on foot and in adaptive wheelchairs as an integral part of our Run Team. In their honor the Friday 2 mile Run/Walk has been named “NJRFTF Hope for the Warriors Lighthouse Run/Walk” and the public are invited to participate alongside our wounded Warriors. More details are available on our website at www.NJRunfortheFallen.org and at <http://hopeforthewarriors.org/index.html> .

On the morning of Sunday September 23 the Run will pause at VFW Post 4715 in Point Pleasant to Honor and Remember the 18 NJ Heroes from Beirut, Lebanon, Operations Desert Storm and Desert Shield and Somalia.

On Sunday afternoon as the Run enters Holmdel there will again be opportunities for the public to show their support and run alongside our team for either the last 5 miles or 2 miles into the PNC Arts Center to finish at the NJ Vietnam Veterans’ Memorial where there will be a ceremony not only to mark the end of the Run but also to dedicate a Gold Star Family remembrance area and also to Honor and Remember the 4 NJ Heroes who died in the attack on the Pentagon on September 11, 2001.

For more information and to find out how to participate by joining the run or to donate or volunteer please visit the NJ Run for the Fallen website at www.njrunforthefallen.org and the Hope For The Warriors website at <http://hopeforthewarriors.org>.